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August 1, 2023

A Monthly Insight into what is going on in our Coalition

WATCH Times

Featured equipment >>>

Bathroom / Shower Trailer

This trailer can be deployed at anytime to meet the needs of our facilities. We have used it several times in deployments and it always makes the situation a little better being able to shower.

We have 2 of these units that can be used in the event of an emergency.



What's going on with the Coalition?

Good Bye 2022-2023 Budget year, Hello 2023-2024 year!
Can you believe we are almost to 2024? Crazy! We at the coalition have been very busy planning out some events and working on things to share with everyone!


We have also had some new faces (titles) to join us since the last time you all received a newsletter.

- **Keith Middleton** took over as RHC for Jackson Madison County Regional Health Department in February.
- **Mike Smith** joined the West Regional Health Department as RHC in June.
- **Ginger Rodgers** joined the West Regional Health Department as the Vulnerable Populations Coordinator in May.

Welcome Keith, Mike, and Ginger!

Conferences, Meetings, Trainings Are you signed up?

- Coalition Board Meeting is August 14.
- Emory University Training for our FrontLine workers held in Gatlinburg, Tennessee August 16-17th at the Park Vista Hotel
- Next Coalition meeting is August 23rd (Ready Op training will be provided this day as well. Registration being sent out)
- LEPC Conference at Pickwick Landing State Park on August 29-30th.
[Register](#)




FREE IN-PERSON TRAINING FOR HEALTH CARE WORKERS

REGION IV SPECIAL PATHOGENS TRAINING COURSE

August 16, 2023 - 8 AM - 4:30 PM
Park Vista Hotel | Gatlinburg

Choose from 2 tracks:

- ▶ Frontline Hospitals
- ▶ EMS Biosafety Transport

 EMORY UNIVERSITY



SYNERGY
by the Lake
LEPC 2023

Presented By
WEST TN EMERGENCY MANAGEMENT ASSOCIATION

ReadyOp

Caucus Group Updates

Long Term Care, Assisted Living Facility, & Home of the Aged

- Last meeting was held on July 20th with a great turnout from the facilities
- Eric Jones has been elected Chair & Jennifer Conner has been elected Secretary.
- The group showed interested in some ICRA Training that Michelle Nations discussed and also wanted to get some Earthquake exercises scheduled.
- They will meet again in October.

Home Health, Hospice, & Dialysis

- *Candida auris* is colonizing different types of people. It is different from the normal flora and thrush. This is completely different. It is rapid spreading and we need to take caution. We need to treat our patients that have as normal, but have the correct PPE, proper hygiene, and take protocols as if it were CDiff.
- The current numbers as of today are:

Helpful Tips

TOP TIPS TO BEAT THE HEAT

- H₂O to go**
Take a bottle of cold water with you when you're out and about.
- Avoid**
Alcohol, tea, coffee and hot, spicy and salty foods can make dehydration worse, so think about avoiding them during hot weather.
- Be cool**
Make use of fans or air-conditioners set to cool.
- Rest**
Make sure you get enough sleep and rest if you feel tired.
- Dress down**
Wear lightweight, light coloured, loose-fitting clothes made from natural fibres, like cotton or linen.
- Enjoy**
Try eating more cold foods, like salads and fruits. They contain water and are more refreshing in hot weather than hot foods.
- Soak**
Take a cool shower or bath to help you cool down when you feel hot.
- Shade**
Wear a hat or take an umbrella with you for shade if you're outside on a hot day.

BACK TO SCHOOL Health & Safety Checklist

- Schedule a medical, eye, and ear exam for your child
- Help kids stay active and ready to learn
- Get kids up to date on recommended vaccines
- Help kids make healthy food choices daily
- Learn special tips on getting kids to school safely
- Get the facts on school and youth violence prevention
- Are your kids playing sports at school? Know your Concussion ABCs

ABC

www.cdc.gov

HEALTH

10 HEALTH HABITS TO START RIGHT NOW

 DRINK WATER	 MOVE YOUR BODY EACH DAY	 ONE GREEN THING DAILY	 PACK YOUR OWN LUNCH	 REDUCE REFINED SUGAR
 EAT MORE VEGETABLES	 MEAL PREP / BATCH COOK	 ENJOY HIGH-QUALITY PROTEIN SOURCES	 USE UP LEFTOVERS	 PRACTICE GRATITUDE

August is national **IMMUNIZATION** awareness month

Football Trivia

Whether you love the Vols, Titans, or yell Hotty Totty on the weekends, how much do you really know about football?

1. Which team won the first Super Bowl ever?
2. What Dallas Cowboy had his helmet stolen at the 1994 Super Bowl?
3. How tall is quarterback Cam Newton?
4. What NFL team's mascot is a Cardinal?
5. What year did college Juniors become eligible for the NFL draft?
6. Who was the first SEC Commissioner?
7. Since the introduction of the SEC Championship game in football in 1992, which team has the most SEC Championships?
8. The Southeastern Conference is headquartered in what city?
9. Who are the hosts of College Game Day?
10. Who did Tennessee play for the SEC Championship in 1998?



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[Click here to sign up to receive updated calendar invites, meeting location information, and agenda](#)

Have ideas or events coming up? Send those requests to Ginger Rodgers,
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