



the
WATCH
coalition



IT IS TEPS CONFERENCE MONTH! WE WOULD LOVE TO HAVE YOU ALL ATTEND OUR CONFERENCE ON JANUARY 22ND-23RD AT DISCOVERY PARK OF AMERICA IN UNION CITY!

REGISTRATION LINKS ARE BELOW!

[TEPS CONFERENCE](#)



WE WILL BE VOTING ON A NEW SECRETARY AT OUR JANUARY COALITION MEETING. BE ON THE LOOKOUT FOR A READY OP FORM TO SEE THE NOMINEES.

JANUARY 1, 2024
ISSUE 6

THIS ISSUE:

NEW BOARD MEMBERS

SAVE THE DATE

NEW COALITION MEETING LINK

JANUARY MICRO LEARN TOPIC:
DIARRHEA

HELPFUL MONTHLY TIPS

JANUARY FUN!





SAVE THE DATE

January 17th - Coalition Meeting

**January 22-23rd - TEPS Conference in
Union City**

April 2024 - EMAT Murfreesboro

EMAG + R4 ASPR Meeting - TBD

HCC Leadership Summit 2024 - TBD

NEW COALITION MEETING LINK



WHILE WE WOULD LOVE TO SEE YOU ALL IN PERSON, WE UNDERSTAND NOT EVERYONE CAN MAKE IT TO THE COALITION MEETINGS. BELOW IS THE ZOOM LINK TO USE WHEN LOGGING IN TO THE MEETING.

[HTTPS://US06WEB.ZOOM.US/J/83369510599?
PWD=WERVDWXIS214ZFF0D3BQKZHQY3LRUT09](https://us06web.zoom.us/j/83369510599?pwd=WERVDWXIS214ZFF0D3BQKZHQY3LRUT09)

MEETING ID: 833 6951 0599

PASSCODE: 073389



Diarrhea Micro-Learn Discussion Guide:

What to do when you see diarrhea

Use the talking points below and accompanying job aid to engage your team in short, focused discussion. Adapt to meet your needs.

1. Introduce the topic

Share key information about the topic that your audience should know and connect to your local context:

- Diarrhea is liquid stool. All stool is full of germs. Diarrhea can be caused by a lot of things, but it is sometimes a sign of a pathogen that can cause illness, even in healthy people.
- Infections that cause diarrhea spread because germs move easily between hands, equipment, and surfaces in health care. Some of these germs can be difficult to kill.
- Common examples of infections that cause diarrhea include *C. difficile*, norovirus, and rotavirus (especially in children).

2. Expand on the topic

Share information about what your audience should do:

- Assume that diarrhea is infectious.
- Use gloves when you're working with a patient who has diarrhea or in their environment. You might also need a gown if there's a risk you could get stool on your clothes, like if you're helping the patient with personal care or leaning over their bed.
- Clean your hands immediately after interacting with the patient or their environment, and immediately after taking off your gloves. You can use either hand sanitizer or soap and water, but if your hands are visibly dirty, then soap and water is preferred.

3. Discuss with your team

Find out how your audience feels about the topic. Sample questions include:

- What do you usually do when you see diarrhea? Do you worry you might catch something? How do you protect yourself and your patients? When might you call for help or assistance?
- Do you have all the tools and information you need to do your job safely?
- As a team, how can we help each other take the right infection control actions when we see diarrhea to keep germs from spreading?

4. Wrap up and reinforce

Reinforce key takeaways:

- Diarrhea can be caused by an infection, but it is always full of germs.
- Use gloves when you're working with the patient and in their environment, and clean your hands immediately afterwards.

Share related facility-specific information and cue to follow-up opportunities:

- Connect content with information, such as additional infection control actions to take if the cause of the diarrhea is known; where to find cleaning supplies and PPE; facility protocols for caring for patients with diarrhea; recent cases or examples of patients with diarrhea; or other relevant information.
- Share reminders, prompts, and opportunities for further learning as appropriate, including the Project Firstline website at www.cdc.gov/projectfirstline.

When you see diarrhea,
there's often more than meets the eye.



Germ from diarrhea are everywhere and can be infectious.
Protect yourself and others:



Use gloves when you're working with a patient or resident or in their environment. Clean your hands immediately afterwards.



Use a gown if there is risk you might get stool on your clothes, like if you're performing personal care tasks or leaning over the bed.



Clean and disinfect the patient's or resident's environment frequently with the correct products.

Learn More

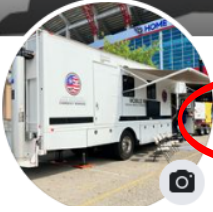
Diarrhea Dilemma Interactive Scenario: <https://bit.ly/48SdERz>

Germ Live in the Gut Infographic: <https://bit.ly/3s1cleg>

Hand Hygiene Training Module: <https://bit.ly/49B21KW>



Create with avatar
Edit cover photo



WATCH Coalition
20 likes • 22 followers

WE NEED MORE FOLLOWERS! GO LIKE OUR FACEBOOK AND INSTAGRAM PAGE!

Promote Manage Edit

CAUCUS GROUP NEWS

AWARENESS MONTH TOPICS DID YOU KNOW WE HAD THESE?

NATIONAL BLOOD DONOR MONTH

CERVICAL HEALTH AWARENESS MONTH

SELF LOVE MONTH

MENTAL WELLNESS MONTH

POVERTY AWARENESS MONTH

NATIONAL HOBBY MONTH

WALK YOUR DOG MONTH

OUR CAUCUS GROUPS WILL BEGING MEETING THIS MONTH!

INVITE YOUR FELLOW FRIENDS TO THESE MEETINGS IF THEY HAVE NOT COME TO A MEETING YET.

WE WOULD LOVE TO SEE OUR ATTENDANCE GROW AND TO HAVE MORE INVOLVEMENT.

HAPPY NEW YEAR!!!

2024

2024

DID YOU MAKE ANY NEW YEAR'S RESOLUTIONS?

ARE YOU THE TYPE THAT MAKES THE SAME RESOLUTIONS EVERY YEAR
ONLY TO NOT FULFILL THEM?

START SMALL....

MAKE IT A PRIORITY TO CALL A FRIEND REGULARLY TO CHECK IN...

ATTEND A WORK MEETING ONCE A MONTH OR PARTICIPATE IN ANY HOT
TOPICS

EAT A HEALTHY BREAKFAST AND LUNCH A FEW DAYS A WEEK

WALK AROUND YOUR OFFICE FOR 15 MINUTES TO GET IN A LITTLE EXERCISE

GET OFF YOUR PHONE AT NIGHT AND READ A BOOK, OR BETTER YET, GO TO
BED EARLY

**BABY STEPS IN RESOLUTIONS ARE BETTER THAN NO STEPS AT
ALL. ONLY YOU CAN TAKE THE FIRST STEP TO BECOMING A BETTER
YOU. LET'S MAKE 2024 OUR YEAR TO SHINE!**

Contact Information

MIKE SMITH

REGIONAL HEALTH COORDINATOR
WEST TENNESSEE REGIONAL HEALTH DEPARTMENT

MICHAEL.D.SMITH@TN.GOV
(731) 437-0805

KEITH MIDDLETON

REGIONAL HEALTH COORDINATOR
JACKSON MADISON REGIONAL HEALTH DEPARTMENT

KMIDDLETON@MADISONCOUNTYTN.GOV
(731) 437-3077

[VISIT OUR WEBSITE AT
WWW.WATCHCOALITION.ORG](http://WWW.WATCHCOALITION.ORG)

GOT ANY IDEAS OR ANNOUNCEMENTS YOU NEED IN THE NEWSLETTER? SEND THEM TO GINGER.RODGERS@TN.GOV AND WE WILL GET THEM IN THE NEXT NEWSLETTER.

